

# **Olson Bros. Chiropractic**

*"Our Family Serving Yours"*

October 2010

After a simple lifting and twisting motion moving to transfer some wet clothes from my washer to my dryer I felt a pulling sensation in the muscles in my back and heard a soft popping sound. I knew something was VERY wrong. Then it was pain, Pain, and more PAIN !

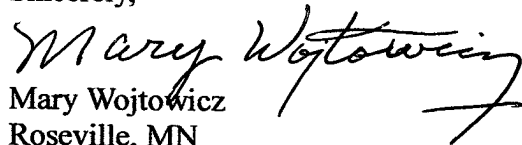
Three weeks flat on my back in bed, an X-ray, an MRI, pain pills, and then I finally I found out that the L2-L3, L3 - L4 and L4 - L5 vertebrae had compressed and pressured the discs between these vertebrae until they bulged out and pressed against nerve and muscle bundles to create the horrible pain I was feeling. I did not realize until later the serious problem I was having with herniated discs.

I tried my former chiropractor several times per week, TENS therapy. My Medical Dr. recommended physical therapy.....all with minimal relief. But then I came to Olson Brothers Chiropractic and after receiving my adjustments and starting my therapy on their ABS bed .....progress was finally forth coming!

After just 4 weeks of intense therapy I was 90% back to normal. I can't say enough about the excellent and personable care that I received at Olson Brothers Chiropractic. With their help I am once again able to live a normal life, free of pain! I am now following thru with a scheduled treatment program set up by Drs. Dan and Dennis specific to my future chiro needs and things couldnt be better !

Thank you, Dr. Dan and Dr. Dennis ! Also a special thank you to Theresa for all your help pertaining to my insurance claims and Karen in scheduling my therapy appointments. You guys are the best !

Sincerely,

  
Mary Wojtowicz  
Roseville, MN

# Chiropractic

## ~~NO~~ SUCCESS STORY

I came to Olson Bros. w/ general tightness  
and a chest complaint of sharp pain in my mid-  
back when taking breaths in. It was getting  
worse and began bothering me constantly  
every day.

I found out from Dr. Dan that my spine  
was the chief reason for the pain. He  
put together a plan that would help me  
not only in the short term, but in the  
long run, too.

I've been feeling better everyday and  
can now breathe w/out pain!!

Thanks guys!

Signature

*Steve T. Frankly*

OK to Publish? Yes ☒ No ☐

Print Doctor's Name

Dr. Dan Dr. Dennis Olson

Date

10-6-08

# Chiropractic

## ~~NO~~ SUCCESS STORY

May 2009

An enormous thank you to Dr. Dan, Dr. Dennis, Theresa, Mallory, and Karon,

My life has improved more than I could have ever imagined!!!!

I came here with Fibromyalgia pain, migraines, sleeping problems and constant pain. My aunt recommended Dr. Dan because she avoided her "necessary" surgery by coming here.

My pain was miserable; I could not walk, go grocery shopping, and felt constantly fatigued. I felt hopeless because I had tried Yoga, medicines, <sup>and</sup> other chiropractors. So I was a bit hesitant and now I am so thankful!

I can now enjoy walking, I am migraine free, I have more energy, I'm sleeping wonderfully, and Pain Free!!

So thank you everyone. I will always remember the wonderful service, and smiling, helpful faces!!

Signature

Jef ~~D~~ Jenny C.

OK to Publish? Yes X No

✱

## **Olson Bros. Chiropractic**

*"Our Family Serving Yours"*

I gave my blocks to my nephew because  
he was having back pain. I missed them  
so much I bought new blocks for myself.

✱

# Chiropractic

## ~~NO~~ SUCCESS STORY

After weeks of on and off headaches I began to loose the feeling in my fingers. I decided to see my physician to be sure there wasn't anything going on other than my neck "being out". Immediately he prescribed pain medication and muscle relaxers. He scheduled me for physical therapy 3 times a week for one month. I faithfully went through the PT, mostly using the tens-machine and traction. I had minimal relief of my symptoms. By the end of the treatments I didn't notice a real change. Within 3 days of ending treatment w/ the PT, my symptoms quickly worsened. I spent the entire weekend on the sofa medicated. The following Monday I returned to the Chiropractor for a much needed adjustment. Completely back to normal within 3 hrs.

Signature

Patricia Jorti

OK to Publish? Yes

No

to

Print Doctor's Name

Dr. Dan

Date

3/28/05

\*

# Chiropractic

## ~~NO~~ SUCCESS STORY

I recently spent several days in Boston. In the past, I never could have walked too far without pain in my back and legs, mainly from my sciatic nerve. However, we walked all over the city, and not only did I not have any pain while walking, there weren't any ill effects later in the day or at night, either. I credit Drs. Dennis and Dan with helping to keep me pain free - a big thank you to both of them and their staff!

Signature Katherine Thunberg OK to Publish? Yes X No     

Print Doctor's Name Drs Dan & Dennis Olson Date 10/15/07

\*

# Chiropractic

## ~~NO~~ **SUCCESS STORY**

I am 78 years old, have osteoporosis, and two compression fractures in the middle of my back.

I was experiencing middle and lower back problems and severe pain in my neck which was diagnosed as a pinched nerve. I was seeing medical specialists for these problems but they didn't provide any relief.

My husband and I discussed what action should be taken. We decided that since he had such positive results from his treatments from

the Olson Bros., I would also see if they could help me. In my initial examination, Dr Dan said he had, and was treating patients with osteoporosis and was confident he could help me. That was the understatement of the year. After a number of visits my neck and my back are dramatically improved. In addition, I had been

experiencing very troublesome shoulder pains. After informing Dr Dan of this problem and approximately five treatments, the movement of my arm and shoulder is immeasurably improved. I have been able to do all types of housework that prior to these treatments I could not do or could do with considerable pain. So in closure it is an understatement to acknowledge that these treatments by Dr. Dan are truly a success story.

Date: 12/23/07

Doctor's Name: Dr Dan Olson

OK to Publish? yes

Signature Ruby Engels

# Chiropractic

## ~~✗~~ SUCCESS STORY

July 25, 2006

When I came to Olson Bros' Chiropractic I had numbness on the outside of my right leg from my hip to below my knee. Along with the numbness I had pain in my right hip and knots in my thigh and calf muscles. I am pleased to say the pain, numbness and knots are gone.

An added benefit from my adjustments has been a dramatic decrease in the number and severity of my headaches. I had suffered from severe tension headaches that lasted for days up to a week every since college. I had assumed I was just one of the unlucky people who got headaches. Since seeing Dr. Dan and Dr. Dennis the improvement has not only been noticeable to me, but also to my husband who recently remarked, "You don't seem to get headaches like you used to."

Beyond that the most AMAZING and LIFE CHANGING thing that has happened since coming to see the Olson Bros' is that I can now sleep through the night! I used to count the number of times I would wake up at night, often 2 - 3 times if not more. I don't really know when I had last slept through the night. I never realized how much the lack of sleep was affecting me until I finally started getting the sleep I needed. I feel amazing and am so grateful to Dr. Dan and Dr. Dennis.

Sincerely,  
Karen Olson

Signature Karen H Olson OK to Publish? Yes X No     

Print Doctor's Name Dr. Dan Olson Date 8/1/06



# Chiropractic

## ~~NO~~ SUCCESS STORY

I injured my back on a Tuesday. It was so bad that I literally could not walk, I had to use a chair as a walker. I went to the MD doctor on Wednesday. He gave me medication & shots. I felt worse. I continued to get worse until Friday when I came in to Olson bro's chiropractic. Dr. Dan examined & adjusted me & told me I could expect to feel 25% better by that afternoon. Despite my previous experience with chiropractic I was skeptical. I ended up being amazed! I could walk unaided by the end of the day!

Signature

[Signature]

OK to Publish? Yes ☒ No ☐

Print Doctor's Name

Dr. Dan & Dr. Dennis  
Olson

Date

7/3/2007

# Chiropractic

## ~~2~~ **SUCCESS STORY**

Since I've been getting adjusted ~~regularly~~ regularly,  
I do not get migraines anymore.  
Thanks guys!

Signature 

OK to Publish? Yes ☒ No ☐

Print Doctor's Name DRS Dennis + Dan

Date Dec. 16, 2006

# Chiropractic

## ~~NO~~ SUCCESS STORY

I recently spent several days in Boston. In the past, I never could have walked too far without pain in my back and legs, mainly from my sciatic nerve. However, we walked all over the city, and not only did I not have any pain while walking, there weren't any ill effects later in the day or at night, either. I credit Drs. Dennis and Dan with helping to keep me pain free - a big thank you to both of them and their staff!

Signature Katherine Thunberg OK to Publish? Yes ☒ No ☐  
Print Doctor's Name Drs. Dan & Dennis Olson Date 10/15/07

# Chiropractic

## ~~S~~ SUCCESS STORY

I started coming here on a co-worker's ~~also~~ recommendation after I fell at work. I was having back spasms ~~every~~ every morning before coming here.

Since my treatments (almost 2 yrs ago), I have no more spasms & other things have also gotten better. I have also only had 1 cold in that time & it didn't last as long as colds in the past (I would usually get 1-2 good head colds a year).

I am coming here once a month & look forward to every visit & recommend chiropractic care to everyone.

Signature Dr Ann Von Eicken

OK to Publish? Yes ☒ No ☐


Print Doctor's Name Dr Dan

Date 4-7-05

# Chiropractic

## ~~NO~~ **SUCCESS STORY**

I had shooting pain in my lower back every time I took a step with my right leg. Dr. Dennis and Dan recommended a treatment plan that I have tried to stick to and the pain is completely gone besides an occasional flare up which I am confident can be managed with continued visits, I can't begin to explain how good it feels to be able to go through my day pain free.

Signature Ed Hansen 

OK to Publish? Yes X No     

Print Doctor's Name Dr. Dennis Olson

Date 5/29/08

☆

# Chiropractic

## ~~✱~~ **SUCCESS STORY**

Since I have been going to Olson Chiropractic I have noticed decreased neck pain and increased neck range of motion.

Jean Gysa

# **SUCCESS STORY**

Signature Karen Halson OK to Publish? Yes x No     

Print Doctor's Name \_\_\_\_\_ Date \_\_\_\_\_

thank you



Page 1 of 1

From: [REDACTED]  
To: info@olsonbroschiro.com  
Date: Thursday, September 02, 2010 3:12:30 PM  
Subject: thank you

Dear Dr. Dennis,

Thank you so much for the knee adjustments today. I have no more pain and I cannot imagine why I didn't come in sooner.

Sincerely,

Laura J. 